



ARRAN SPORTIVE

IN AID OF OCEAN YOUTH TRUST SCOTLAND



RIDERS PACK

SEPTEMBER 14TH 2019

HELLO!

If you rode with us last year, welcome back! If you're joining us for the first time, we're so happy you've decided to come along to enjoy a great day cycling and support the work of Ocean Youth Trust Scotland.

OYT Scotland supports disadvantaged young people from across Scotland and beyond to have the adventure of a lifetime on our residential sailing trips. Whilst on board, young people gain valuable life skills and accredited qualifications. All of the money raised from the Arran Sportive will go directly to the young people who sail with us.

ESSENTIAL INFORMATION

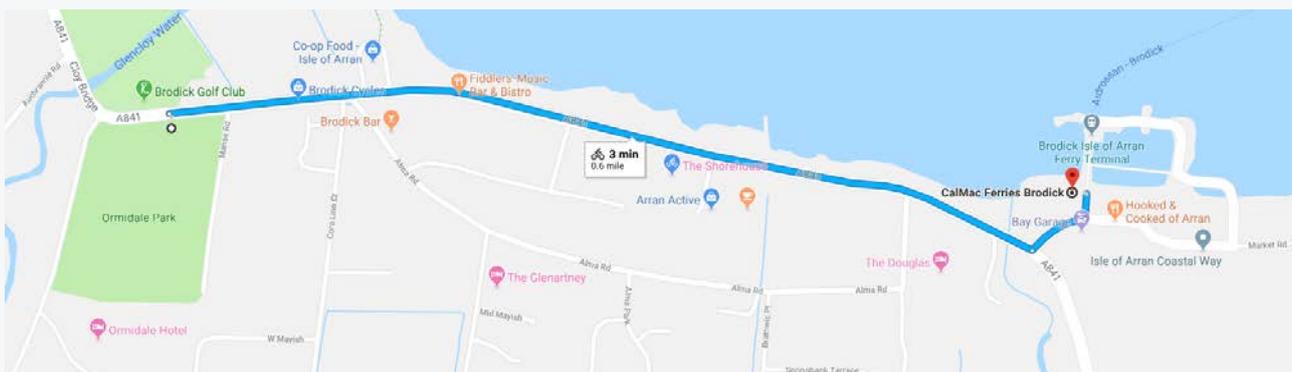
When:

Saturday 14th September 2019 - Start time 9am, Registration opens at 7:30am

Where:

Start/Finish Location - Ormidale Pavilion, Brodick, KA27 8BY

The event will leave the Ormidale Pavilion, cycling clockwise around the island.



REGISTRATION

- Registration open at 07:30 inside the Ormidale Pavilion **OR** between 16:00 - 18:00 on Friday 13th at the Ormidale Pavilion.
- You will receive a number and cable ties to attach to the front of your bike, a helmet sticker, and a timing chip.
- We will have bag drop facilities at the Pavilion. Personal possessions are left at the owners own risk.
- **Please note:** No documents will be sent prior to the Sportive. Everything will be issued at the registration desk.

FERRIES

07:00 Ardrossan Ferry:

- **Please note:** This is the only ferry on Saturday 14th that will get you to Arran in time for the Sportive.
- There is no connecting train from Glasgow for the 07:00 ferry so alternative transport must be arranged. There is a large car park at Ardrossan Ferry Terminal but it does charge.
- Please make your way to our meeting point at the ferry terminal with your ticket already purchased by 06:30.

Other Ferries:

- We have no special arrangements in place on other ferries but we recommend that you arrive at least half an hour before departure in order to ensure that you get on board.
- If you are taking a car across to the island, make sure to book onto your chosen ferry crossing as soon as possible. You can book online at www.calmac.co.uk

ACCOMMODATION

You may wish to make the most of your trip to Arran and extend your stay, or given the early start, you might opt to stay the night before the event. [VisitArran](#) has an excellent directory of accommodation on Arran

WHAT TO BRING

- Your bike and helmet - **if you do not have your cycle helmet we cannot let you ride.**
- Appropriate clothes and shoes.
- A rain jacket, sun cream, gloves.
- Any food or energy gels - we recommend only using gels you've tried before.
- Spare inner tubes, tyre levers, a type pump, basic tools.
- Water bottles - there will be facilities to fill these up at the Ormidale Pavilion and water stations.

ROUTE SIGNAGE & NAVIGATION

The route will be signposted using BLUE arrows. You can download the route in GPX form [here](#).

ON THE DAY SUPPORT

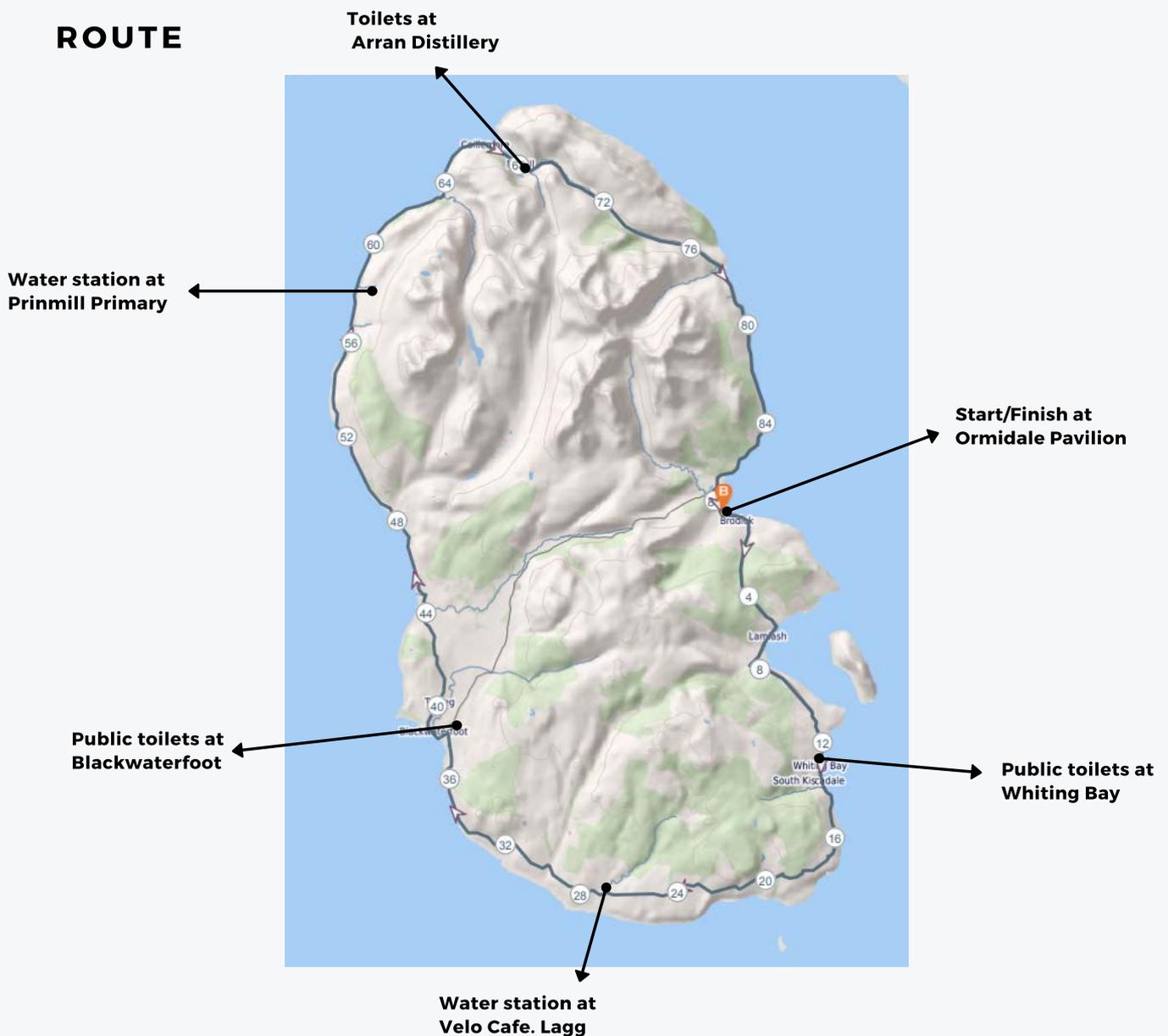
A medical team will be in a response vehicle during the event so will be able to reach anywhere on the route. First aid motorbike marshals will patrol the route.

[Brodick Cycles](#) will open their shop before the event start time and are situated 1 minute away from the start/finish area. They are a small shop so we advise visiting on Friday 13th if possible. Please ensure that your bike is serviced before arriving at the Sportive.

The event will be timed by Finish Line Timing and timings will be published online after the event. They will also be available at the finish line.

The event will wrap up at **17:00** and support will finish at this time. There will be a sweeper van driving around the route behind the final cyclists. You will have the option of continuing the course unsupported, or having a lift to the finish area.

ROUTE



WATER STATIONS

There are two water stations on the route, both with toilets. The first is at Velo Cafe in Lagg to the south. The second is at Pirnmill Primary School at the north-west of the island.

TOILETS AND SHOWERS

Showers are available in the Ormidale Sports Pavilion. Toilets will be available at the Pavilion, water stations, and at other locations around the island.

CONDUCT AND SAFETY

Please remember that the Arran Sportive is non-competitive and therefore not a race. Please ensure you act accordingly when participating.

You will be riding on open public roads alongside other traffic so it is essential for your own safety and that of all other road users that you comply with all traffic and Highway Code regulations.

Route marshals are there only to indicate the direction of the route. Marshals cannot and will not stop traffic. You are responsible for your own safe and legal passage through all junctions, turns, traffic lights, roundabouts etc.

VisitArran have provided some tips and advice which will help everyone share Arran's roads safely:

- Do not drop litter. Bins are available at the start/finish location and water stations.
- Please keep bus stances clear at all times.
- Wear bright clothing so that you can easily be seen and make sure your bike is in good working order with lights and reflectors.
- Arran's roads are narrow and often have changing surfaces, so travel around the island in small groups if possible.
- Pull in when safe and convenient to allow passing and avoid tailbacks.
- Take care when descending hills, particularly when roads are wet and check your brakes before descent.
- Look well ahead to identify changes in surfaces, drains, and wildlife such as sheep, deer etc who like to wander onto the road!
- Indicate clearly if changing direction.
- Please respect other road users by acknowledging courtesies.

We look forward to welcoming you to Arran!



To find out more about Ocean Youth Trust Scotland,
visit www.oytscotland.org.uk

Thanks to our supporters:

