



Dear Dr,

Thank you for agreeing to perform a seaman's medical for one of our volunteers. The Ocean Youth Trust Scotland (OYT) takes 670 (2023) young people to sea every year. They experience the challenges and excitement of being a member of the crew - this can be life changing.

The costs of maintaining and running our two training vessels, the Alba Venturer and Alba Explorer are substantial. As a non-profit making charity we depend heavily on unpaid volunteers who take on various responsibilities running the vessels and making sure that the young people are safe at all times. (We employ 5 full time sea staff members, but the vast majority of sea staff roles are filled by volunteers.)

OYT Scotland requires all sea staff to undergo an ML5 examination. As a retired GP I am aware of the pressures on your time and how performing employment medicals interferes with clinical work.

We are grateful that you have agreed to perform this medical for us. We would be extremely grateful if you may consider a discounted rate for this service.

If you would like to know more about the organisation please visit www.oytscotland.org.uk or phone 01475 722 722.

Thank you again,

Dr David Murray
Volunteer First Mate (Retired GP, Lochcarron)
(Personal phone No. 01520 722221)